

Week 1 - Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|--|-------------------------------------|--|
| Monday | Selection of fruit | Homemade fish pie with peas and sweet corn | Ice-cream with sauce and sprinkles | Homemade fruity scone fingers with jam |
| Tuesday | Selection of fruit | Homemade lasagne, salad and garlic bread | Homemade jelly and fresh fruit | Turkey white pitta pockets |
| Wednesday | Selection of fruit | Homemade vegetable curry with white rice and wholemeal pitta bread | Homemade apple crumble and custard | White bagels with cream cheese |
| Thursday | Selection of fruit | Sausage casserole with vegetables, mash and gravy | Berries and cream | Sweet pancakes |
| Friday | Selection of fruit | Homemade vegetable soup with brown bread rolls | Homemade pineapple upside down cake | Mini homemade vegetable pizzas |

Week 2-Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|---|------------------------------------|--|
| Monday | Selection of fruit | Homemade ham and tomato risotto with peas | Homemade sponge cake fingers | Rice cakes with cheese chunks and pineapple slices |
| Tuesday | Selection of fruit | Roast turkey with roast potatoes, vegetables, stuffing and Yorkshire puddings | Homemade jelly and peaches | Wholemeal sandwiches with tuna/cheese and cucumber |
| Wednesday | Selection of fruit | Homemade pizza with garlic bread and salad sticks | Fruit yoghurts | Wholemeal bread with marmite or cheese spread |
| Thursday | Selection of fruit | Homemade stew and dumplings with mixed vegetables | Fresh fruit fingers | Rice cakes with cheese spread and cherry tomatoes |
| Friday | Selection of fruit | Homemade vegetarian lasagne with garlic bread and coleslaw | Ice-cream with sauce and sprinkles | Homemade paprika wedges with cheddar cheese chunks |

Week 3-Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|---|---------------------------------------|---|
| Monday | Selection of fruit | Fish with new potatoes peas and sweet corn in a parsley sauce | Fromage frais | Breadsticks, with hummous, salad sticks and dried fruit |
| Tuesday | Selection of fruit | Homemade toad in the hole with cauliflower, mash and gravy | Fresh fruit slices | Egg and cress or cheese and tomato in wholemeal bread rolls |
| Wednesday | Selection of fruit | Chicken pasta bake with fresh french stick | Homemade jelly and Ice- cream | Roasted new potatoes with cheese chunks |
| Thursday | Selection of fruit | Homemade lamb casserole with sweet potato, carrots and gravy | Fresh bananas and homemade custard | Tuna plait and mixed dried fruit |
| Friday | Selection of fruit | Homemade chicken curry with rice and white pitta bread | Annette's homemade chocolate cake | Cheese scone fingers with salad sticks |

Week 4-Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|--|------------------------------------|---|
| Monday | Selection of fruit | Homemade tuna and sweet corn pasta bake with salad | Homemade apple crumble and custard | Cheese and ham salad tacos |
| Tuesday | Selection of fruit | Homemade quiche with potato salad and sweet corn | Homemade blueberry muffins | Sausage rolls with mixed dried fruit |
| Wednesday | Selection of fruit | Roast pork with roast potatoes, fresh vegetables and gravy | Fruit yoghurts | Ham/jam wholemeal sandwiches |
| Thursday | Selection of fruit | Sausage and mash with onion gravy and fresh mixed vegetables | Homemade sponge and custard | Pasta salad |
| Friday | Selection of fruit | Homemade fish curry with rice and white pitta bread | Mars bar cake | Cheese straws with salad sticks and mixed dried fruit |

Week 5-Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|--|-----------------------------|---|
| Monday | Selection of fruit | Homemade spaghetti bolognaise with garlic bread | Homemade carrot cake | Filled tortilla wraps with salad sticks |
| Tuesday | Selection of fruit | Jacket potatoes with various fillings and salad | Homemade trifle | French stick with cheese spread and cherry tomatoes |
| Wednesday | Selection of fruit | Homemade toad in the hole with mash, broccoli, cauliflower and gravy | Fresh fruit sticks | Malt loaf with raisons and dried apricots |
| Thursday | Selection of fruit | Homemade chicken pasta bake | Mango sorbet | Savoury rice and wholemeal pitta bread fingers |
| Friday | Selection of fruit | Shepherds pie with fresh vegetables and gravy | Homemade shortbread fingers | Bread sticks with salad sticks and hummous |

Week 6-Dinky Discoverers

| | Morning Snack | Lunch | Dessert | Afternoon Snack |
|-----------|--------------------|--|-----------------------------------|---|
| Monday | Selection of fruit | Homemade turkey con carne and rice | Homemade sponge and custard | Wholemeal cheese/ham sandwiches |
| Tuesday | Selection of fruit | Homemade carbonara with garlic bread | Homemade jam/lemon tarts | Homemade banana muffins and mixed dried fruit |
| Wednesday | Selection of fruit | Homemade cottage pie with mixed vegetables and gravy | Rice crispy cake | Homemade sausage rolls with mixed dried fruit |
| Thursday | Selection of fruit | Homemade chicken pie, mash potato and fresh mixed vegetables | Homemade jelly and fruit | Fruit loaf with mixed dried fruit |
| Friday | Selection of fruit | Homemade meatballs and spaghetti | Homemade pear crumble and custard | Mini vegetable pizzas |