

# Week 1

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Homemade fish pie with peas and sweet corn	Ice-cream with sauce and sprinkles	Homemade fruity scones and jam
Tuesday	Selection of fruit	Homemade lasagne, salad and garlic bread	Homemade jelly and fresh fruit	Turkey white pitta pockets
Wednesday	Selection of fruit	Homemade vegetable curry with white rice and wholemeal pitta bread	Homemade apple crumble and custard	Bagels and cream cheese
Thursday	Selection of fruit	Sausage casserole mixed vegetables, mash and gravy	Berries and cream	Ham and cheese wraps with salad sticks and dried fruit
Friday	Selection of fruit	Homemade vegetable soup with brown bread rolls	Homemade pineapple upside down cake	Mini homemade vegetable pizzas

# Week 2

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Homemade ham and tomato risotto with peas	Homemade flapjack	Crackers with cheese chunks and pineapple
Tuesday	Selection of fruit	Roast turkey with roast potatoes, vegetables, stuffing and yorkshires	Homemade jelly and peaches	Wholemeal sandwiches with tuna/cheese and cucumber
Wednesday	Selection of fruit	Homemade pizza with new potatoes and salad	Fromage frais	Plain popcorn with melon, grapes and blueberries
Thursday	Selection of fruit	Homemade stew and dumplings with mixed vegetables and gravy	Fresh fruit salad	Rice cakes with cheese spread and cherry tomatoes
Friday	Selection of fruit	Homemade vegetarian lasagne with garlic bread and coleslaw	Ice-cream with sauce and sprinkles	Homemade paprika wedges with cheddar cheese chunks

# Week 3

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Fish with new potatoes, peas and sweet corn in a parsley sauce	Homemade cookies	Breadsticks, with hummous, salad sticks and dried fruit
Tuesday	Selection of fruit	Homemade toad in the hole with cauliflower, mash and gravy	Fresh fruit in apple juice	Egg and cress or cheese and tomato in wholemeal bread rolls
Wednesday	Selection of fruit	Chicken pasta bake with fresh French stick	Homemade jelly and Ice-cream	Mini jacket potatoes with cheese
Thursday	Selection of fruit	Homemade lamb casserole with sweet potato, carrots and gravy	Fresh bananas and homemade custard	Tuna plait with mixed dried fruit
Friday	Selection of fruit	Homemade chicken curry with white rice and white pitta bread	Annette's homemade chocolate cake	Cheese scones with salad sticks and dried fruit

# Week 4

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Homemade tuna and sweet corn pasta bake with salad	Homemade apple crumble and custard	Cheese and ham salad tacos
Tuesday	Selection of fruit	Homemade quiche with potato salad and sweet corn	Homemade blueberry muffins	Homemade sausage rolls and mixed fruit
Wednesday	Selection of fruit	Roast pork with roast potatoes, fresh vegetables and gravy	Fruit yoghurts	Ham/jam wholemeal sandwiches
Thursday	Selection of fruit	Sausage and mash with onion gravy and mixed fresh vegetables	Homemade sponge and custard	Pasta salad
Friday	Selection of fruit	Homemade fish curry with white rice and wholemeal pitta bread	Mars bar cake	Cheese straws, salad sticks and dried fruit

# Week 5

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Homemade spaghetti bolognese with garlic bread	Homemade carrot cake	Filled tortilla wraps with salad sticks
Tuesday	Selection of fruit	Jacket potatoes with various fillings and salad	Homemade trifle	French stick with cheese spread and cherry tomatoes
Wednesday	Selection of fruit	Homemade toad in the hole with mash, broccoli and cauliflower	Fresh fruit cocktail	Malt loaf with raisins and dried apricots
Thursday	Selection of fruit	Homemade meat paella	Lemon sorbet	Savoury rice and pitta bread fingers
Friday	Selection of fruit	Shepherds pie, with fresh vegetables and gravy	Homemade shortbread	Breadsticks, with hummous, salad sticks and dried fruit

# Week 6

	Morning Snack	Lunch	Dessert	Afternoon Snack
Monday	Selection of fruit	Homemade turkey con carne and rice	Homemade sponge and custard	Cheese/ham white sandwiches
Tuesday	Selection of fruit	Homemade carbonara and garlic bread	Homemade jam/lemon tarts	Homemade banana muffins with mixed dried fruit
Wednesday	Selection of fruit	Homemade cottage pie with mixed vegetables and gravy	Rice crispy cakes	Homemade sausage rolls and mixed dried fruit
Thursday	Selection of fruit	Homemade chicken pie, mash potato and fresh vegetables	Homemade jelly and fruit	Fruit loaf with mixed dried fruit
Friday	Selection of fruit	Homemade meatballs and spaghetti	Homemade pear crumble and custard	Mini vegetable pizzas